

High School Boys/Girls Combo Workouts

Advanced Offensive Skills & Shooting / Scoring

Location: Avera Sports Center (85th & Minnesota)

Cost: \$165 Payment is collected online at the time of registration.

Athletes will receive a Warwick Workout T-shirt & Shorts

Weekly Workouts are the foundation to be coming a skilled basketball player. The advanced offensive skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. We will also incorporate shooting and scoring drills each week focused on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens.

These drills will assist athletes to become a more effective shooter and scorer.

Sunday, Sept. 11 th	6:00-7:30
Sunday, Sept. 18th	6:00-7:30
Sunday, Sept. 25th	6:00-7:30
Sunday, Oct. 2 nd	6:00-7:30
Sunday, Oct. 9th	6:00-7:30
Sunday, Oct. 16th	6:00-7:30

Register online at

www.warwickworkouts.com

Find your session under the Register Here tab

Contact Kris Warwick or Cody Schilling with questions about workouts Email: warwickworkouts@gmail.com

Cell: (605) 391-6700 Kris or (712)461-2316 Cody

WHERE CHAMPIONS TRAIN.